

THE SACRED ANDEAN TRADITION

EXPERIENTIAL WORKSHOP

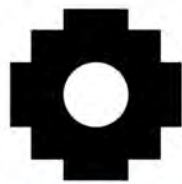
19 - 24 MARCH 2025

THANK YOU FOR CONFIRMING YOUR ATTENDANCE TO THE SACRED ANDEAN TRADITION WORKSHOP OF 2025.

WE ARE HOSTING THE WORKSHOP AT MARETLWANE IN THE MAGALIESBURG, AN HOUR AND A HALF FROM JOHANNESBURG TOWARDS RUSTENBURG. IF YOU ARE COMING FROM OUTSIDE OF JOHANNESBURG AND WILL NEED A LIFT TO THE MAGALIESBURG - LET US KNOW AND WE WILL ENDEAVOUR TO CONNECT YOU TO A COMMUNITY MEMBER WHO YOU CAN TRAVEL WITH.

THIS EXPERIENTIAL WORKSHOP BEGINS WITH ARRIVAL IN THE AFTERNOON BY 4PM ON WEDNESDAY THE 19TH OF MARCH. THIS WILL BE A FREE EVENING FOR DINNER, SOCIALISING AND SETTLING IN BEFORE THE ENERGETIC JOURNEY WHICH BEGINS THE NEXT MORNING AFTER BREAKFAST.





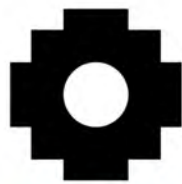
THE SACRED ANDEAN TRADITION

EXPERIENTIAL WORKSHOP

19 – 24 MARCH 2025

DIRECTIONS TO MARETLWANE FROM PRETORIA

- TRAVEL ON THE N4 TOWARDS RUSTENBURG
- TAKE THE MOOINOOI OFF-RAMP ON YOUR LEFT
- TURN ONTO LONRHO DR HEADING SOUTH, YOU WILL PASS THE MOOINOOI SHOPPING COMPLEX ON YOUR LEFT.
- LONRHO DR FORMS A T JUNCTION WITH THE R104.
- TURN LEFT AT THIS T JUNCTION
- AFTER TURNING LEFT TRAVEL FOR 470M, THERE WILL BE A DIRT ROAD ON YOUR RIGHT TURN ONTO THIS DIRT ROAD. (DIRECTLY AFTER THE MOOINOOI POST OFFICE, THE POST OFFICE SHOULD BE ON YOUR LEFT)
- DRIVE ALONG THE DIRT ROAD FOR ROUGHLY 2KMS, YOU WILL PASS THE BUSHBREAK SIGN AND A GRAVEYARD. KEEP GOING STRAIGHT
- IF YOU DO NOT HAVE A CAR WITH GOOD CLEARANCE – 220M AFTER THE GRAVEYARD BEFORE THE B13 SIGN THERE IS A SLIP ROAD TO THE RIGHT THAT GOES THROUGH A NAARTJIE ORCHARD. TAKE THIS ROAD IT RUNS PARALLEL TO THE MAIN ROAD THAT WILL BE ON YOUR LEFT. AFTER 250M IT MERGES BACK WITH THE MAIN ROAD. CARRY ON AFTER A BIT THE ROAD WILL SPLIT IN 3, GO LEFT OVER THE CATTLE GRID (THERE IS A SIGN THAT SAYS MARETLWANE INSIDE THE GATE)



THE SACRED ANDEAN TRADITION

EXPERIENTIAL WORKSHOP

19 – 24 MARCH 2025

- **IF YOU HAVE A CAR WITH GOOD CLEARANCE – 220M AFTER THE GRAVEYARD YOU WILL SEE A B13 SIGN KEEP GOING STRAIGHT. 400M AFTER THE B13 SIGN THE ROAD WILL SPLIT IN 3, GO LEFT OVER THE CATTLE GRID (THERE IS A SIGN THAT SAYS MARETLWANE INSIDE THE GATE)**
- **AFTER 570M YOU WILL REACH THE MARETLWANE GATE**
- **THE GATE IS LOCKED WITH A COMBINATION LOCK. THE COMBINATION PIN WILL BE SHARED WITH EVERYONE CLOSER TO THE TIME.**
- **LOCK THE GATE ONCE YOU HAVE ENTERED.**
- **SAT SIGNAGE WILL BE PLACED TO HELP GUIDE YOU.**





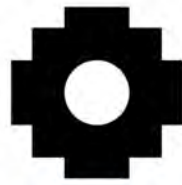
THE SACRED ANDEAN TRADITION

EXPERIENTIAL WORKSHOP

19 - 24 MARCH 2025

THERE IS WILDLIFE (NO LARGE PREDATORS) AT MARETLWANE AND IT IS IMPORTANT TO DRIVE CAREFULLY, AND TO MOVE AROUND ON FOOT WITH CAUTION.





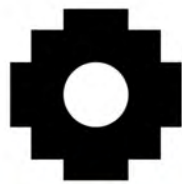
THE SACRED ANDEAN TRADITION

EXPERIENTIAL WORKSHOP

19 – 24 MARCH 2025

ACCOMMODATION

- **THE SHARED ACCOMMODATION AT MARETLWANE IS VERY RUSTIC. IT IS CLEAN AND SAFE, BUT EXPECT THE BARE MINIMUM IN TERMS OF AMENITIES AND COMFORTS.**
- **EACH CABIN CONTAINS 4 BUNK BEDS, BUT A MAXIMUM OF 4 DELEGATES WILL BE PLACED IN EACH CABIN SO THAT EVERYONE HAS A BUNK BED TO THEMSELVES.**
- **BEDDING WILL BE PROVIDED, BUT WE SUGGEST BRINGING AN EXTRA BLANKET AND PILLOW IF YOU ARE PARTICULAR ABOUT THE PILLOWS YOU SLEEP ON.**
- **THE BATHROOMS ARE OUTSIDE, SHARED ABLUTION. YOU WILL NEED TO BRING YOUR OWN TOILETRIES AND TOWELS.**
- **THE CABINS ARE DIVIDED ACROSS THE CAMP, 2 CABINS AND THEIR OWN, SEPARATE, KITCHEN/DINING SPACE ARE CLUSTERED TOGETHER. WE WILL ALL BE DINING TOGETHER UNDER THE LAPA, BUT THE KITCHEN OF YOUR UNIT WILL BE AVAILABLE FOR YOUR USE. PLEASE CLEAN UP AFTER YOURSELVES.**
- **THERE IS ONLY ELECTRICITY AVAILABLE FROM 6PM TO 10PM, DURING WHICH TIME YOU WILL BE ABLE TO CHARGE YOUR PHONE OR OTHER DEVICES. WE SUGGEST BRINGING A CHARGED POWER BANK OR TWO ALONG WITH YOU. HOWEVER, WE DO ENCOURAGE DISCONNECTING FROM TECHNOLOGY AS MUCH AS POSSIBLE DURING THE WORKSHOP AND CONNECTING RATHER TO THE EXPERIENCE AND NATURE AROUND US.**



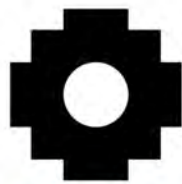
THE SACRED ANDEAN TRADITION

EXPERIENTIAL WORKSHOP

19 - 24 MARCH 2025

- **THERE IS NO WIFI AND CELLPHONE SIGNAL IS POOR, BUT AVAILABLE.**
- **THE ACCOMMODATION IS VERY BASIC AND WE UNDERSTAND THAT ALL OF US ARE USED TO A CERTAIN LEVEL OF COMFORT. HOWEVER, THE LACK OF LUXURIES FORCES US TO PAUSE AND CONNECT WITH WHAT IS OUTSIDE AND INSIDE OF US. THIS IS A TIME FOR UNDISTURBED CONNECTION AND INTROSPECTION, WE TRUST THAT YOU WILL EMBRACE THE EXPERIENCE FOR WHAT IT IS.**





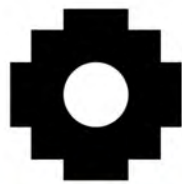
THE SACRED ANDEAN TRADITION

EXPERIENTIAL WORKSHOP

19 – 24 MARCH 2025

WHAT TO BRING

- COMFORTABLE CLOTHES THAT CAN GET DUSTY, WE WILL SPEND TIME OUTDOORS
- COMFORTABLE WALKING SHOES
- A WARM JACKET FOR THE EVENINGS AND EARLY MORNINGS
- A LIGHT BACKPACK TO CARRY SNACKS AND WATER
- TOWELS (SHOWERING AND SWIMMING)
- EXTRA BLANKET AND / OR PILLOW IF YOU REQUIRE
- POWER BANK TO CHARGE CELL PHONES OR OTHER DEVICES
- BUG SPRAY FOR MOSQUITOES (PREFERABLY AND ECO FRIENDLY VERSION)
- A HAT AND SUNSCREEN
- WATER BOTTLES WITH EXTRA WATER (WE WILL PROVIDE WATER FOR REFILLING)
- SWIMMING COSTUME, WE WILL SPEND SOME TIME IN THE WATER
- A TORCH (NOT STRICTLY NECESSARY)
- ANY CHRONIC OR SUPPLEMENTARY MEDICATION YOU REQUIRE – SAT WILL NOT PROVIDE ANY MEDICATION
- A SMALL FIRST AID KIT (NOT STRICTLY NECESSARY)
- BRING A PEN AND NOTEBOOK TO JOURNAL YOUR EXPERIENCE AND AWAKENINGS
- ANY SNACKS YOU DESIRE TO HAVE WITH YOU (WE WILL HAVE A VERY BASIC TUCK SHOP)



THE SACRED ANDEAN TRADITION

EXPERIENTIAL WORKSHOP

19 – 24 MARCH 2025

- IF NEEDED, A SMALL CUSHION TO MAKE THE WORKSHOP CHAIRS A BIT MORE COMFORTABLE
- A SMALL MAT OR PICNIC BLANKET TO SIT ON WHEN WE ARE PRACTICING WITH THE ELEMENTS
- TEA/COFFEE/MILK/HOT CHOCOLATE FOR EARLY MORNINGS OR LATE EVENINGS BEFORE OR AFTER BREAKFAST OR DINNER, IF YOU DESIRE.
- WE WILL, AS ALWAYS, HAVE AN SAT SHOP WITH CRYSTALS/INCENSE/CHAKANAS ETC. AVAILABLE. PLEASE NOTE, ONLY EFT PAYMENTS ARE ACCEPTED
- CAMERA (IF YOU WISH)
- CELLPHONE CHARGER AND DOUBLE ADAPTOR.
- YOU ARE WELCOME TO BRING SMALL SENTIMENTAL ITEMS THAT CAN BE PUT ON THE ALTAR TABLE TO BE BLESSED BY THE ENERGY OF THE WORKSHOP, THESE REMAIN YOURS TO KEEP. (CRYSTALS/AMULETS/TRINKETS ETC.)

